

Guest coaches welcome!

Email jeffpetri@outlook.com or stacympetri@hotmail.com
for more information, pro schedules and to book private
lessons.

All coaches welcome! Please contact:

jeffpetri@outlook.com

or

stacympetri@hotmail.com

SKATE TIME INC.

146 Groton Ave.
Cortland, NY 13045

Phone: 607-345-0112

Phone: 607-745-5183

Email: jeffpetri@outlook.com

GO FOR THE GOLD!

SUMMER TRAINING CAMP 2018

AT THE JM MCDONALD CORTLAND SPORTS COMPLEX

August 13th—August 17th 2018
Cortland Sports Complex

Test Session August 25th

Train your way to success!!

This is a structured camp with on ice
and off ice group classes included.
Groups will specialize in Sports Specific
Training. Create strong bonds and
friendships. Our program is designed to
accommodate all ages and levels of
skating ability.

Camp Schedule

Drop Off	8:45-9:00
Off Ice Warm-Up	9:00-9:30
Edge and Turns	9:30-9:45
Freestyle	9:45-11:10
Moves and Dance	11:10-11:30
Off Ice Specialty / Agility	11:30-12:30
Lunch	12:30-1:15
Off ice Movement	1:15-1:50
Power Stroking	2:00-2:30
Freestyle	2:30-4:00
Off ice Cool Down	4:00-4:30
Pick Up	4:30-4:45

Adult Camp Option

Learn to Skate

(Basic 3 and under)

Choose either freeskiate option:

Group Edge Class and Freeskiate Time

- 9:45-11:10
- 2:30-4:00
- 9:30-9:45 Group
- 9:45-10:45 Freeskiate

Camp Registration

Camper Name

Parent/Guardian Name

Phone

Email

Primary Skating Coach

Current Skating Level

Camp Pricing

Full Camp Week (early bird—Before July 20)	\$235.00
Full Camp Week (After July 20)	\$250.00
Adult Camp	\$90.00
Learn to Skate	\$60.00

Limited space available!

Pre-register to guarantee enrollment via Credit Card, Check or Paypal at
skatetimeinc@outlook.com

Make checks payable to:

Skate Time Inc.
146 Groton Ave.
Cortland, NY 13045

To pay by Credit Card call:
607-345-0112